

HIKING & BIKING



in the Pasquotank River Basin

The Pasquotank River Basin offers many opportunities to enjoy and explore nature through walking, hiking and biking. This list includes places for easy to moderate activity. Many sites include views of streams, rivers, creeks, lakes, wetlands and estuaries.

● HIKING ●

1 Alligator River National Wildlife Refuge

<http://www.fws.gov/alligatorriver/> ● Two .5-mile, wheelchair-accessible trails with marsh and creek views.

2 Bodie Island Trails

<http://www.nps.gov/archive/caha/planvisit.htm> ● .3-mile pond trail and .8-mile dike trail near Bodie Island Lighthouse.

3 Buxton Woods Coastal Reserve

<http://www.ncnerr.org/pubsiteinfo/siteinfo/buxton/buxton.htm> ● 968 acres ● 5 miles of trails within maritime forest bordering Cape Hatteras National Seashore.

4 Cape Hatteras Lighthouse

<http://www.nps.gov/caha/> ● .6-mile nature trail loop.

5 Causeway Park

<http://www.cityofec.com/> ● 300-yard, wheelchair-accessible boardwalk into marsh and along Pasquotank River.

6 College of the Albemarle/Albemarle Hospital Regional Fitness Trail

<http://www.albemarle.cc.nc.us/> ● .5-mile wheelchair-accessible boardwalk along Pasquotank River.

7 Currituck Banks National Estuarine Research Reserve

<http://www.ncnerr.org> ● 954 acres ● .3-mile wheelchair-accessible boardwalk, with a 1.5-mile primitive trail beyond.

8 Emily and Richardson Preyer Buckridge Reserve

<http://www.ncnerr.org> ● 18,377 acres ● Hiking on old logging roads.

9 Fort Raleigh National Historic Site

<http://www.nps.gov/fora/> ● 143 acres ● .3-mile looped nature trail to Roanoke Sound and 1.25-mile hiking trail.

10 Frisco Native American Museum

<http://nativeamericanmuseum.org/naturetrail.htm> ● Nature trails wind through several acres of maritime forest with a stream crossing and pond overlook.

11 Jockey's Ridge State Park

<http://www.jockeysridgestatepark.com/> ● 2.5 miles of trails, plus a 360-foot boardwalk.

12 Knobbs Creek Park

<http://www.ci.elizabeth-city.nc.us> ● Elizabeth City ● .7-mile nature trail.

13 Maple Park

http://www.co.currituck.nc.us/government/departments/parks_and_recreation/parks/recreationcountyparks.aspx ● 3 miles of hiking trails.

14 Missing Mill Park

<http://www.visitperquimans.com/content/Attractions/intro.shtml> ● .25-mile nature trail.

15 North Carolina Aquarium on Roanoke Island

<http://www.ncaquariums.com/ri/visit.htm> ● .25-mile wooded nature trail along Croatan Sound.

16 Palmetto Peartree Preserve

<http://www.palmettopearthree.org/> ● 10,000 acres ● .25-mile boardwalk trail to Albemarle Sound and .75-mile boardwalk trail through pine forest; dirt logging roads for additional hiking.

17 Pea Island National Wildlife Refuge

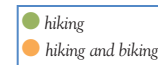
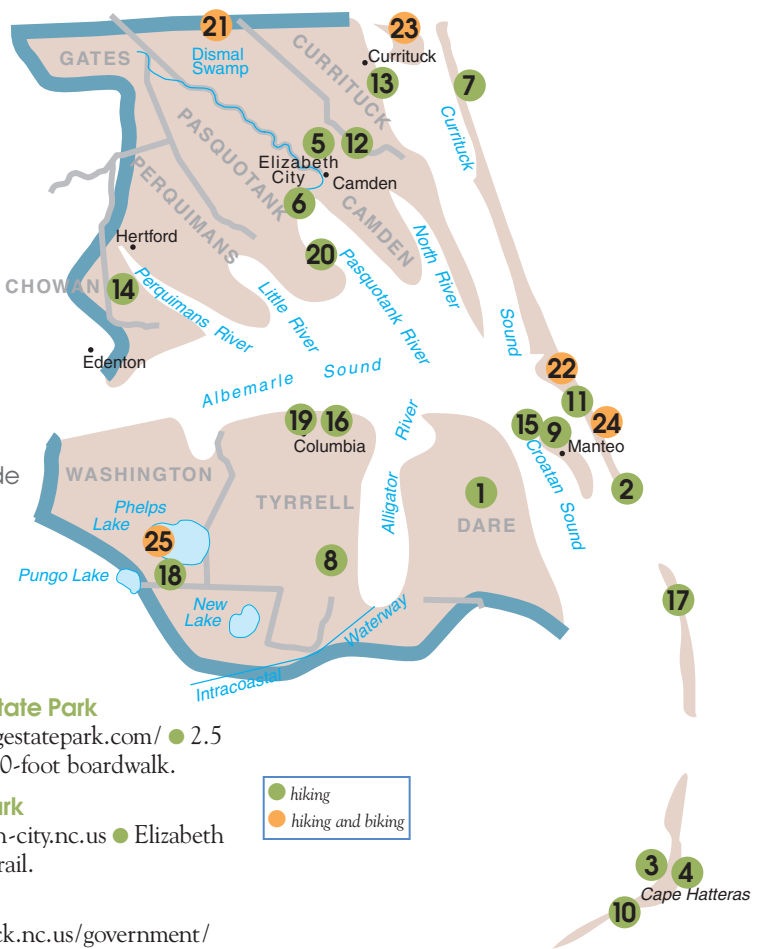
<http://www.fws.gov/peaisland/> ● 5,834 acres ● Two .5-mile, wheelchair-accessible trails with waterfowl-observation platforms. Hiking on several miles of service roads.

18 Pocosin Lakes National Wildlife Refuge

<http://www.fws.gov/pocosinlakes/> ● 110,000 acres ● Hiking and biking on refuge access roads.

19 Scuppernong River Interpretive Boardwalk

<http://www.fws.gov/pocosinlakes/public.html> ● .75-mile wheelchair-accessible loop trail meanders along the Scuppernong River through a cypress swamp.



20 Weeksville Boardwalk

<http://www.co.pasquotank.nc.us> ● 300-foot-long, wheelchair-accessible boardwalk on Newbegun Creek.

● HIKING and BIKING ●

21 Dismal Swamp Canal Trail

<http://www.dismalswamp.com> ● 3-mile paved, wheelchair-accessible trail. Free bike rentals at Welcome Center.

22 Kitty Hawk Woods Coastal Reserve

<http://www.ncnerr.org> ● 1,877 acres ● 4 miles of trails; biking allowed on designated trails.

23 Mackay Island National Wildlife Refuge

<http://www.fws.gov/mackayisland/> ● 8,138 acres ● 10.3 miles of trails, including .3-mile loop with overlook.

24 Nags Head Woods

<http://www.nature.org/wherewework/northamerica/states/northcarolina/preserves/art5618.html> ● 1,400 acres ● 5 miles of hiking trails through rare maritime forest; biking allowed on 2 miles of access road.

25 Pettigrew State Park

<http://www.ils.unc.edu/parkproject/visit/pett/home.html> ● 1,200 acres ● 8.7 miles of trails, plus short wheelchair-accessible boardwalk; 5.6 miles open to biking.